

Includes steamed rice and kimchi. (밥, 김치 포함)

APPETIZER (Choose 1)

- ☐ Fried Dumplings 튀김만두
- ☐ Garden Salad 가든샐러드
- ☐ Cold Udon Salad 냉우동샐러드
- ☐ Sweet Potato & Potato Salae 감자고구마 샐러드
Mashed sweet potatoes, potatoes, eggs, and apple.
- ☐ Tteok-Bok-Ki 떡볶이

COLD FOOD (Choose 2)

- ☐ Korean Noodle 잡채
Sweet potato starch noodles stir fried with vegetables.
- ☐ Spicy Seasoned Squid 오징어초무침
Spicy seasoned squid and vegetables.
- ☐ Golbaengi Muchim 골뱅이무침
Seasoned Sea Snails with vegetables.
- ☐ Cucumber Kimchi 오이김치
- ☐ Bibimbap Namul 비빔밥 나물
Mushroom, Chwinamul, Gosari or Gobi, Bean sprout
- ☐ Jellyfish Salad 해파리 냉채
Sliced crunchy jellyfish mixed with colorful ingredients and a spicy garlicky mustard sauce
- ☐ Spicy Seafood Soba 해물 메밀쟁반
Buckwheat noodle with spicy sauce, seafood and vegetables
- ☐ Jokbal Naengchae 족발냉채
Cold pork trotters salad or chilled pork trotters with salad

ASSORTED PANCAKE (Choose 2)

- ☐ 생선전 Fish Pancake
- ☐ 호박전 Zucchini Pancake
- ☐ 동그랑땡 Meatball
- ☐ 맛살전 Crab Meat

CHEESE PLATTER (치즈) +\$2 per person

FRUITS PLATTER (과일) +\$2 per person

RICE CAKE PLATTER (떡) +\$2 per person

KIMBAP PLATTER (김밥)

Delivery fee

Delivery fees may vary depending on the distance from 10 mile radius from Sterling, VA

HOT FOOD (Choose 3)

- ☐ Braised Beef Short Rib 갈비찜 +\$6 per person
Braised beef short rib with bone is a tough cut of meat with lots of connective tissue.
- ☐ LA 갈비 +\$4 per person
Beef short rib with bone
- ☐ 떡갈비 +\$4 per person
Korean grilled short rib patties
- ☐ Beef Bulgogi 불고기
Beef bulgogi, marinated in a special blend of herbs and savory sauce.
- ☐ Spicy Pork Bulgogi 제육볶음
Pork bulgogi marinated in a gochujang sauce.
- ☐ Chicken Teriyaki 치킨테리야기
Grilled chicken with teriyaki sauce.
- ☐ Squid and Pork Bulgogi 오삼불고기
Squid and pork belly, marinated in a blend of seasonings.
- ☐ Korean Boiled Pork 수육
Pork shoulder that is boiled in spices and thinly sliced.
- ☐ Sweet & Spicy Shrimp 간풍새우
Deep fried shrimp in a slightly spicy, sweet, delicious sauce.
- ☐ Sweet & Spicy Chicken 닭강정
Deep fried chicken in a slightly spicy, sweet, delicious sauce.
- ☐ Tofu Kimchi & Pork 두부김치제육
Stir-fried kimchi and pork belly and steamed tofu on the side.
- ☐ Fried Shrimp with Mayonnaise 새우마요
Crispy fried shrimp served with a creamy and tangy mayonnaise-based sauce.
- ☐ Shrimp Tempura 새우튀김
- ☐ Fried Tofu & Eggplants 가지두부강정
Deep fried tofu & eggplants in sweet & spicy sauce.
- ☐ Beef Bulgogi Fried Rice 소고기 볶음밥
- ☐ Ragù Sauce with Pasta 라구/페네 파스타
Meat-based sauce that is typically served with pasta.

INQUIRY

- A minimum order of 50 orders is required.
- Place orders and complete payment at least 7 days in advance to ensure timely delivery.



CATERING MENU

HOME CATERING

703-852-7183
 contact@meal4u.co
 www.meal4u.co
 @meal4u.co

Price per pound varies by selection. Inquire for details.

APPETIZER

- ☐ Fried Dumplings 튀김만두
- ☐ Garden Salad 가든샐러드
- ☐ Cold Udon Salad 냉우동샐러드
- ☐ Sweet Potato & Potato Salae 감자고구마 샐러드
Mashed sweet potatoes, potatoes, eggs, and apple.

COLD FOOD

- ☐ Korean Noodle 잡채
Sweet potato starch noodles stir fried with vegetables.
- ☐ Spicy Seasoned Squid 오징어초무침
Spicy seasoned squid and vegetables.
- ☐ Golbaengi Muchim 골뱅이무침
Seasoned Sea Snails with vegetables.
- ☐ Napa Kimchi 겉절이
- ☐ Cucumber Kimchi 오이김치
- ☐ Bibimbap Namul 비빔밥 나물
Mushroom, Chwinamul, Gosari or Gobi, Bean sprout
- ☐ Jellyfish Salad 해파리 냉채
Sliced crunchy jellyfish mixed with colorful ingredients and a spicy garlicky mustard sauce
- ☐ Tuna Tataki 투나 타다기
Gently-seared tuna with a citrus-soy sauce
- ☐ Salmon Salad 연어 샐러드
- ☐ Jokbal 족발
Pork trotters or braised pig's feet
- ☐ Jokbal Naengchae 족발냉채
Cold pork trotters salad or chilled pork trotters with salad

ASSORTED PANCAKE

- ☐ 생선전 Fish Pancake
- ☐ 호박전 Zucchini Pancake
- ☐ 동그랑땡 Meatball
- ☐ 맛살전 Crab Meat

CHEESE PLATTER (치즈)

FRUITS PLATTER (과일)

RICE CAKE PLATTER (떡)

KIMBAP PLATTER (김밥)

RICE PUNCH (식혜)

CINNAMON PUNCH (수정과)

HOT FOOD

- ☐ Braised Beef Short Rib 갈비찜
Beef short rib with bone is a tough cut of meat with lots of connective tissue.
- ☐ Braised Beef Short Rib 사태찜
Slow cooker braised beef shank
- ☐ LA 갈비 Beef short rib with bone
- ☐ 떡갈비 Korean grilled short rib patties
- ☐ Beef Bulgogi 불고기
Beef bulgogi, marinated in a special blend of herbs and savory sauce.
- ☐ Spicy Pork Bulgogi 제육볶음
Pork bulgogi marinated in a gochujang sauce.
- ☐ Chicken Teriyaki 치킨테리야끼
Grilled chicken with teriyaki sauce.
- ☐ Squid and Pork Bulgogi 오삼불고기
Squid and pork belly, marinated in a blend of seasonings.
- ☐ Korean Boiled Pork 수육
Pork shoulder that is boiled in spices and thinly sliced.
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Deep fried shrimp in a slightly spicy, sweet, delicious sauce.
- ☐ Sweet & Spicy Chicken 닭강정
Deep fried chicken in a slightly spicy, sweet, delicious sauce.
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Stir-fried kimchi and pork belly and steamed tofu on the side.
- ☐ Fried Shrimp with Mayonnaise 새우마요
Crispy fried shrimp served with a creamy and tangy mayonnaise-based sauce.
- ☐ Shrimp Tempura 새우튀김
- ☐ Fried Tofu & Eggplants 가지두부강정
Deep fried tofu & eggplants in sweet & spicy sauce.
- ☐ Beef Bulgogi Fried Rice 소고기 볶음밥
- ☐ Tteok-Bok-Ki 떡볶이
- ☐ GungJung Tteok-Bok-Ki 궁중떡볶이
- ☐ Ragù Sauce with Pasta 라구파스타
Meat-based sauce that is typically served with pasta.
- ☐ Steamed White Rice 흰밥

INQUIRY

- Place orders and complete payment at least 7 days in advance to ensure timely delivery.

Delivery fee

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BUFFET CATERING



HOME CATERING

